

# Collaboration, Cooperation, Coworking

One-day workshop

*Many conditions in life cannot be changed because one cannot influence. Other people are not easy to change. One cannot change oneself into another person. Some habit change is possible on the cost of intense efforts.*

Outcome: **Some softening of "pain" that causes problems by acquiring a new opportunity to address "problems".**

## 0. Evaluation with specially designed questionnaire

Topics:

Own interests in the short and long term.  
What are the possibilities of realising them?  
What is the common goal?  
What are the obstacles?  
What is the goal in a year?

## 1. Concepts to explore:

Two organisational concepts: system and parties perspectives  
Two basic drives people: self-realisation and connection  
Choice: cooperate in their own interests  
Nine conditions to promote the choice of working together.

## 2. The main conditions under the microscope:

What will collaboration do for me?  
What I think about others?  
Bridging thinking skills

## 3. How is the cooperation now with my main groups "where I need to"?

Network analysis and interviews.

I amongst the others: what do I gain from them? What do they require from me?  
My position compared with that of the others in my network.  
Objectives for an interview.  
Discussion

## 4. Course of a discussion.

Personal establishment  
Expected establishment of others  
Minimum output for myself. Minimum output for others?  
Building bridges.

